

*Connecting the Sunday Sparkle at Hearsall Baptist with the Daily Dust of Life*

## Welcome

- We are all sometimes tempted to eat things we shouldn't. Which foods are your particular weakness? Maybe share a funny story at your own expense!

## Worship

### **Read 1 Corinthians 10:14.**

- Think quietly about temptations you may currently be facing.
- Pray quietly for God's strength in the light of this promise.

## Word

### **Read Matthew 4: 1 - 2**

- In the Lord's prayer (a couple of pages over in Matthew 6:13), we pray 'Lead us not into temptation'. Discuss the apparent contradiction between this part of the prayer and the report here that **the Spirit** led Jesus into the desert to be tempted.

### **Read James 1:12 - 16**

- Discuss the difference between persevering under a trial or test, and being tempted.
- According to James' analysis, where does temptation originate?

### **Read Matthew 4: 3 - 11**

- Consider why each of these three temptations might have been enticing to Jesus.
- What were the benefits for Jesus of being tested in this way? (You might also consult Hebrews 5: 7 - 10.)

## Response

- How do you feel about the season of Lent?
- Unless it's private, share any thoughts or plans you have about developing your spiritual life during Lent.
- Pray for one another now - and perhaps agree to pray for one another during Lent.
- Look at David's 'Action Replay' article in the current Messenger. Perhaps you could use this way of praying during Lent.