

Connecting the Sunday Sparkle at Hearsall Baptist with the Daily Dust of Life

Welcome

- Tell us about your favourite river, or lake, or canal, or coastline? Why do you like it so much?
- What does water do for your feelings / your body / your soul?

Worship

Have a big jug of water and a large bowl, and a towel in the middle of your space.

Read Psalm 42.

- Comment on all the allusions to water the poet makes in the first four verses of this poem.
- What do they tell us about his relationship with God and life?
- Do any of them resonate with your situation?
- Come up with a few possible meanings of verse 7. How do these words speak to you?

Pour water from the jug into the bowl. Get some more if necessary! Enjoy the sight and the sound of water. Dip your hands in the water. Splash your face! Enjoy the feel and shock of cold water on your skin. Come up with a simple, child-like prayer about water as you do this.

Word

Read John 4: 1 - 14

- Go through these verses carefully and find all the allusions to water. As you work, notice what is the purpose of the water physically or spiritually.
- What are the qualities of water that make it suitable for spiritual reflection?
- In ordinary language, what does Jesus mean by verses 13 - 14?
- If we experience the spiritual meaning of water in these verses, what would that mean for our practical use of water in everyday life?

Response

- Write a simple water prayer for use this week. Pray it whenever you use water.
- Are there any changes you should make to your use of the precious resource of water?