

Peace in the Pandemic

Discussion Questions

Read John 20: 19 - 23

1. How would you define the word 'peace'?
2. What could Jesus mean by 'peace' in verses 19 & 21?
3. When do you feel least peaceful in a typical day at the moment?
4. The disciples were 'sent' by Jesus. They had a mission, and that gave them a sense of peace. How do you manage to keep a sense of purpose during the lockdown?
5. Jesus gave the disciples the Holy Spirit. Who or what is the Holy Spirit? Do you feel the Holy Spirit in your life during difficult moments?
6. Is it easier to receive forgiveness or to give it?
7. Read Colossians 3: 12 - 14. David suggested that forgiving a serious sin was like trying on a new set of clothes. We could wear them for a short time each day, and gradually wear them more and more until they feel comfortable and we begin to feel we **have** forgiven the offender - or even ourselves. What tips do you have to help us forgive a sin against us? Or to forgive ourselves?