

Bible chat week starting 20-2-22

Read Luke 8: 26 - 39.

1. Discuss what might have been wrong with this unfortunate man. How would we describe him today? How might his troubles be related to his home community?
2. How does Jesus tackle this frightening situation? What does he say? Why? What does he do? Why?
3. David suggested that there is a power in naming our 'demons' - meaning our upsetting feelings and the thoughts that might go with them. Explore this idea. Why does naming something grant us power?
4. Are you willing to go through a day with a notebook to note down your demons - your upsetting feelings and thoughts? What benefits might that bring you?
5. Explore why Jesus does not want the man to go with him. Does this have any application for us, when, perhaps, we feel like running away from our troubles?